

MY JOURNEY SO FAR



JAN 2012

JUNE 2012

JULY 2012



JANUARY 2013

Shortly after starting my Herbalife Nutrition I was diagnosed with Cancer in January 2012 at age 33. I had my first 6+ hour surgery on the 31st January, Treatment in February 2012 and then embarked on, and completed, a grueling 10 week Black Belt Qualifier Program in Bushidokan starting in April 2012. I can now say that I achieved this mammoth 4-year goal having had cancer the whole way through! Within weeks after achieving my Black Belt. I had more tests and subsequently, with more cancer found, was in for my second 6+ hour surgery in a year. I had now lost my thyroid gland, a vocal chord (tumor was wrapped around one) my SCM muscle in my neck, internal jugular vein, lymph nodes and have a severed nerve chain from the second surgery which means I will have chronic pain for the rest of my life.

What I have gained however is Amazing Wellness. It would have been impossible for me to complete my Black Belt without the nutrient support of our Amazing products and my doctors (all 7 specialist departments) are staggered by my rate of recovery. I've also been able to manage my weight without having my thyroid and lost the 12 kgs I put on before my second lot of treatment in November 2012 within 5 weeks of completing it! We all know what a toll the cancer treatments have on your immune system. Well I am proud to say, because of my diligent product use that I have not had a cold or flu or any type of "illness" since I first started on the products back in September 2011.

The products didn't cure my cancer. They allowed me to have the ULTIMATE quality of life possible whilst going through a tough time that unfortunately too many people and families have to go through.

Every person on the planet needs Herbalife Nutrition to ADD TO whatever regime they use. I was just in the right place at the right time with someone who cared enough to offer them to my family and me. Thanks Matty Shep.

Lastly, On the 12th February 2013 I was told I'M CANCER FREE. BOOM!!!!!!!!!!!!!!!!!!!!!!